

City of Arts & Innovation

RIVERSIDE FIRE
DEPARTMENT



OFFICE OF
EMERGENCY
MANAGEMENT

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CITY OF RIVERSIDE COMMUNITY PREPAREDNESS NEWSLETTER

2nd Quarter 2014

Volume VI, Issue II

DROWNING IS SILENT POOL SAFETY IS CRITICAL

Drowning is the leading cause of accidental injury death to children ages 1 - 4 years in Riverside County. On average, the City of Riverside Fire Department has 38 responses per year, resulting in 5 deaths and 25 hospitalizations.

NO SCREAMING

NO SPLASHING

NO NOISE AT ALL



- ◆ A submerged child can lose consciousness in less than 30 seconds and sustain permanent brain damage in only 4 - 6 minutes.
- ◆ Children under the age of 5 have no fear of water.
- ◆ Water is associated with play.
- ◆ 100% of submersion incidents involving a child less than 5 years old happened with an adult present and responsible for the supervision of the child.
- ◆ Remember adults drown, too. Always use the buddy system and never swim alone.
- ◆ Pet doors are an access to the outside for a small child.

Know your neighborhood and the homes your child visits.

Is there a pool? Is it properly protected? Who is supervising when children are swimming?

- ◆ Keep rescue equipment near the pool; shepherd's hook, life ring and charged portable phone.
- ◆ Empty wading pools of all water after use.
- ◆ Empty buckets of all contents after use and store upside down.
- ◆ Assign an adult "Water Watcher" while your child swims at the beach, lake, water park or pool.
- ◆ Take CPR and First Aid training- (see pg. 2 for CPR Training Resources.)

DO NOT use air-filled

swim aids such as water wings, plastic rings, or swim-suits with built in foam. These are toys and not safety devices.

The only federally-approved flotation device is a Coast Guard approved Personal Flotation Device (PFD) or life vest. Select a life vest that is appropriate for your child's height and weight.



CERT CPR & AED CERTIFICATION

American Heart
Association



Learn and Live

On February 1 CERT Members received (CPR & AED) Cardiopulmonary Resuscitation and Automated External Defibrillator Certification. Training was conducted by Fire Captain John Peurifoy with assistance from EMS Coordinator Kristin Clements, Firefighter Paramedics Jeremiah Meadows, Chris Boykin and CERT Coordinator Gina Perez. CPR & AED Certification is offered to CERT Volunteers who are active with the CERT Program by volunteering for activations and special assignments. Congrats CERT Members!



FF Jeremiah, Frank, Kristii, Joe, Misty, Sharon, Linda, Jasmine, Capt. John, Larry, FF Chris, Kristin, Kimberly



Firefighter Paramedic Meadows, explains CPR and Automated External Defibrillator Instructions & CERT Members practice



LOCAL CPR TRAINING RESOURCES:

CPR Training Healthpro www.hpec.org (951) 279-6110

Center for Healthcare Education www.healthcareeducation.org (888) 834-8700

American Red Cross Riverside Chapter www.riversidecounty.redcross.org



Thank You CERT!

FEMA K-9 Search Evaluation Feb 8 & 9, 2014

CERT VOLUNTEERS; Cheryl Art David Bell Richard Bonilla Linda Burn Larry Burn
Frank Cedeno Barbara Christie Janet Christie Austin Coletta Kay Diehl Misty Finney
Deborah Gonzalez Edwin Parra Kaye Powley Kelly Taylor Virginia Werly

On Feb 8th & 9th - CERT Volunteers assisted at the FEMA K-9 Search Evaluation held at a recycling mine in Mira Loma.

Teams of Handlers and their Dogs came from Texas, Utah, Washington, Arizona, Nevada and California to be tested for FEMA Certification. They searched rubble piles that contained up to 4 buried live "victims"

along with clothing and food distractions. Evaluators assessed the team's capability to find live victims in distress.

CERT Volunteers assisted with check in at the gate, and as live "victims" buried for hours in the rubble.

FEMA Organizers appreciated having our CERT Volunteers assist with logistics and other duties.

THANKS FOR ALL YOU DO CERT!



CERT Volunteers: Frank Cedeno & Larry Burn



Edwin Parra, Frank Cedeno, Gina Perez, Virginia Werly, Larry Burn
Kaye Powley, Kelly Taylor



Kaye Powley, Kelly Taylor, Misty Finney, Virginia Werly
Linda Burn, Larry Burn, Frank Cedeno



CERT Volunteers assisted at registration/ check in



CERT Volunteers buried "Victims"
Debbie Gonzalez - Anna Hauldren



CONGRATULATIONS CERT CLASS # 52 - MARCH 2014



ALPHABETICAL ORDER: Aracely Aguilera, Monica Burrola, Samantha Dempster, Chris Golden, Byanka Gutierrez, Maynor Gutierrez, Lana Hapeman, Michele Kovach, Jennifer Large, James Lenon, Lynne Mantz, Dorothy McLaughlin, Susan Ray, Gregory Rich, Trena Rich, Joyce Rybold, Katrina Schirmer, Rick Schirmer, Mary Teagarden, Richard Turner **PAST CERT MEMBER "VICTIMS":** David Bell, Larry Burn, Linda Burn, Frank Cedeno, Alex Muir, Vince Rosse, Kelly Taylor
CERT Instructors: Fire Captain John Peurifoy, Emergency Services Manager Tony Coletta, Firefighter Wayne Hess, Fire Captain Lisa Holloway, K-9 Handler Peter Sellas, CERT Program Manager Gina Perez



Richard Turner & Samantha Dempster
practice Splinting & Bandaging



WHAT DOES “SHELTER IN PLACE” MEAN?

When there is an imminent threat or hazard, Local Official may advise the public to “shelter in place.” **Sheltering in Place** is a way to keep you as safe as possible while indoors during an emergency event. Situations that may require you to **shelter in place** include natural disasters; accidental or intentional release of chemical, biological or radiological material; or an emergency safety situation. Different threats require slightly different sheltering recommendations. Below are some tips for **Sheltering in Place** that may involve a Hazardous Material Emergency.

BEFORE



1. CONDUCT a hazard hunt of your home, business, school and community. (Refer to the June 2001 ESP Focus Sheet — www.espfocus.org)



2. DEVELOP a plan for your family, business, school and community that includes places where you could reunite if you are forced to leave.

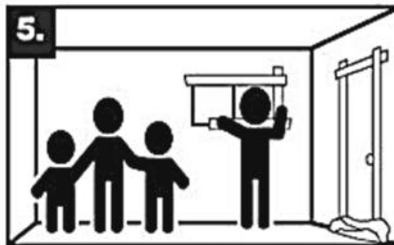


3. STORE at least a 72-hour supply of food, drinking water and other supplies.

DURING



4. GO indoors immediately. If indoors, **STAY** indoors. **STAY** in your car if driving. **CLOSE** doors, windows, vents and openings. **SHUT OFF** heating and air conditioning systems, and close ventilation systems.



5. GO to the room with the least amount of windows, doors and other openings. **SEAL** openings or cracks with duct tape, plastic sheeting or wet towels. **COVER** your face and mouth with a wet cloth.



6. LISTEN and watch for instructions from local officials. **USE** the phone **ONLY** for emergencies.



7. STAY inside or in your vehicle until advised that it is safe to go outside.

AFTER



8. VENTILATE your house, apartment, building or vehicle. **STAY** outdoors during ventilation.



This Bulletin was produced as part of the Emergency Survival Program by the County of Los Angeles and Contra Costa, Imperial, Inyo Kern, Marin, Mono, Orange, Riverside, San Bernardino, San Diego, San Luis Obispo, Santa Barbara, Santa Cruz and Ventura Counties, SCE, SCEC, ARC. For more information visit.

www.espfocus.org

CERT Adv. Training– Sandbagging

On Feb 19th Fire Captain John Peurifoy and CERT Instructor Peter Sellas provided CERT Adv. Training on **Sandbagging Filling & Placing Techniques**.

CERT Members learned how to fill sandbags **safely** and **efficiently** to minimize injuries or fatigue. Training



included practicing how

Sandbags should be placed to redirect water and debris flow away from buildings for the best protection. The sandbags that CERT Members filled that night will be available for City Incidents that occur where they will be needed. **GREAT JOB CERT!**



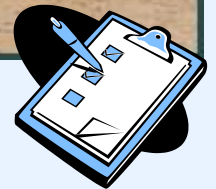
CERT Adv. Training– Wilderness Search & GPS Basics

On Sat. March 29th, Firefighter Wayne Hess, CERT Instructor Peter Sellas and CERT Program Manager Gina Perez, provided training on CERT Activation & Deployment and Wilderness Search Basics. Safety



practices were discussed and equipment inventory lists handed out. We learned that it's important to find out what GPS mapping system is being used at the incident scene to ensure that accurate coordinates are recorded.

The outdoor exercise was on "Line Searches" and how to maintain our **Safety, First, Last and Always!**



THANKS TO ALL WHO ATTENDED



CERT STATE REGIONAL WORKSHOP



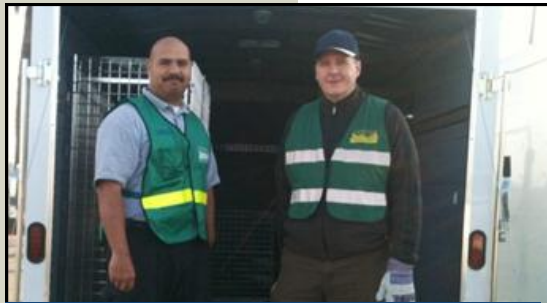
Riverside CERT Lead Instructor Fire Capt. John Peurifoy
Retired LA City Fire Frank Borden "Father of CERT"
Riverside CERT Program Manager Gina Perez

On March 6, Captain John Peurifoy and Community Preparedness Coordinator Gina Perez attended a Southern California CERT Regional Training Workshop sponsored by Cal Volunteers, in Costa Mesa. Over 160 CERT Coordinators and Lead Instructors from all over the state attended the 8 hour workshop to share ideas on improving their CERT Programs. Currently, the City of Riverside has over 800 CERT Trained

Members and hosts 6 CERT training academies and 12 CERT Advanced training courses annually. The Guest Speaker was Retired LAFD Assistant Chief, Frank Borden, the creator of the Community Emergency Response Team (CERT) Training

Program in 1986 for the City of Los Angeles which is now the FEMA Standard for CERT Training.

CERT VOLUNTEERS - SPECIAL ASSIGNMENTS



Santiago Arteaga, Peter Rosen
Assisted at the EOC- CERT Trailer Project



Anna Hauldren, Deb Gonzalez
Assisted with Check In CERT
Basic Course #53



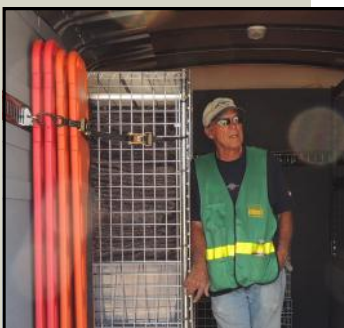
MARIA EGBERT assisted Comm Prep
Coord Gina Perez with American
Sign Language Interpretation at a
presentation at the Goeske Center



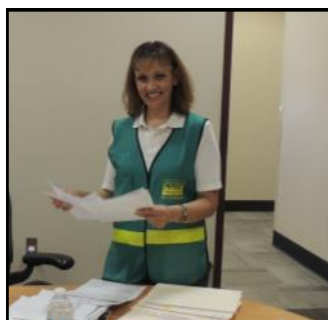
UASI CERT TRAINING TRAILER PROJECT Greg Crouch, Marlene Odebralski,
Caleb Phillips, David Bell, Ingrid LeMasters, Margo Miley



Joe Hamlin, Jean Maki, Corinne Bendy



Jay Duman



Diane Contreras



Claudia Kwiecien, Margo Miley, Caleb Phillips, Linda Burn

CITY OF RIVERSIDE COMMUNITY PREPAREDNESS NEWSLETTER

City of Riverside
Fire Department
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Management
Phone: 951-320-8100
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e-mail: rivcitycert@riversideca.gov



www.facebook.com/CityOfRiversideCert
Local website:
www.readyriverside.com
National website:
www.citizencorps.gov

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Manager

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SAVE THE DATE: CERT ACTIVITIES AND CLASSES

AUGUST 2014

CERT 20-Hour

Basic Course Training

COURSE intended for People with Disabilities - Access and Functional Needs

Community Emergency Response Team (CERT) Basic Course. Register online at: www.riversideca.gov/readyriverside/cert/
Location: Riverside Fire EOC Training Center

Dates:

- ♦ August 1, Friday
6:00 pm to 9:00 pm
- ♦ August 2, Saturday
8:00 am to 5:00 pm
- ♦ August 3, Sunday
8:00 am to 5:00 pm

Must attend all dates to receive FEMA certificate Course registration fee :\$15.00.

♦ CERT Members Final Exercise Refresh skills or help out as an injured "victim"

August 3, Sunday

2:00 pm to 4:00 pm

Riverside Fire EOC Training Center

Register online for CERT Adv. Training
Classes at: www.riversideca.gov/

June 2014

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| 29 | 30 | | | | | |

July 2014

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August 2014

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| 24 | 25 | 26 | 27 | 28 | 29 | 30 |
| 31 | | | | | | |

CERT ADVANCED TRAINING

CERT Members Only

Register early as classes with less than 15 CERT Members registered will have to be cancelled.

~~(CPR) & Automated External Defibrillator (AED) Training~~

(CLASS IS FULL)

♦ Fees \$10. AHA CARD

DATE July 12, Sat 9:00 am to 1:00 pm
Riverside Fire EOC Training Center

♦ CERT Adv. Training

Radio Communication in Disaster

June 18, Wednesday

6:00 pm to 8:00 pm

Riverside Fire EOC Training Center

IMPORTANT

Have you moved or changed your email address or phone number?

Give us a call (951.320.8112) or
send Gina Perez an email
(gperez@riversideca.gov) and
update your contact
information.

